## **WOW Breakfast and Snack Menu- April, 2019**

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|---|---|--|--|
| 1 Breakfast: Cereal with Mixed Fruit and Milk Snack: Teddy Graham with Cantaloupe    | Breakfast: English Muffins with jelly, peaches, and Milk Snack: Mini Chicken Tacos/cheese tortillas wrap with pears | 3 Breakfast: Raisin bagels with Cream cheese, Apples, and Milk Snack: Fig Newtons with Strawberries | 4 Breakfast: French Toast with Applesauce and Milk Snack: Naan Dippers with Hummus and Pears                       | 5 Breakfast: Cereal with Oranges and Milk Snack: Goldfish with Apples                |
| 8 Breakfast: Cereal with Apples and Milk Snack: Graham Crackers with Honeydew        | 9 Breakfast: Cheese Toast with Mandarin Oranges and Milk Snack: Nutri Grain Bars with Cantaloupe                    | 10 Breakfast: Pancakes with Applesauce and Milk Snack: Cheez Itz with Cantaloupe                    | 11 Breakfast: Plain Bagels with Cream cheese, Strawberries and Milk Snack: Vanilla Yogurt, Granola and Blueberries | 12 Breakfast: Cereal with Bananas and Milk Snack: Ritz cracker with Hummus and Pears |
| 15 Breakfast: Cereal with Pineapples and Milk Snack: Wheat Thins with Applesauce     | 16 Breakfast: Veggie Sausages with Strawberries and Milk Snack: Biscuits with Pineapples                            | Breakfast: Blueberries Muffins with Mixed Fruits Snack: Cheese sticks with saltines and Apples      | 18 Breakfast: Waffles with Honeydew and Milk Snack: Cucumbers with Ranch, Ritz Crackers, and Peaches               | 19 Breakfast: Cereal with Blueberries and Milk Snack: Vanilla Wafers with Bananas    |
| Breakfast: Cereal with Pears and Milk Snack: Animal Crackers with Mixed Fruit        | Breakfast: Biscuits with Boiled Eggs, cantaloupe, and Milk Snack: Goldfish with Peaches                             | <b>Breakfast:</b> Vanilla Yogurt with Blueberries and Milk <b>Snack:</b> Mini Pizza with Applesauce | Breakfast: Corn Muffins with Apples and Milk Snack: Turkey and Cheese sandwich with Bananas                        | 26 Breakfast: Cereal with Strawberries and Milk Snack: Trail Mix with Fruit Cocktail |
| Breakfast: Cereal with Peaches and Milk Snack: Soft Pretzels with cheese and Peaches | 30 Breakfast: Cheese Omelet with Honeydew and Milk Snack: Cheddar Cheese Cubes with Saltine Crackers and Pineapples |   |  |  |