## **WOW Breakfast and Snack Menu- November 2018**

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|
|  |  |   | 1 Breakfast: Hard Boiled Eggs, Honeydew and Milk Snack: Cheese Sticks and Mango     | 2 Breakfast: Cereal / Milk Peaches Snack: Goldfish and Bananas              |
| 5 Breakfast: Cereal/Milk Pineapple Snack: Taco Chicken mini and Applesauce       | 6 Breakfast: Patty Vegetarian Sausage, Milk, and Applesauce Snack: Trail Mix and Apricots              | 7 Breakfast: French Toast Ticks, Blueberries, and Milk Snack: Ritz Crackers and Cheddar Cube Cheese | 8 Breakfast: Bagels/Cream Cheese, Milk and Apricots Snack: Cucumbers/Ranch          | 9 Breakfast: Cereal/Milk Bananas Snack: Oranges and String Cheese           |
| Closed<br>Veterans Day   | 13 Breakfast: English Muffins, Milk, and Cantaloupe Snack: Wheat Thins/ Applesauce                     | 14 Breakfast: Waffles, Milk, and Applesauce Snack: Baby Carrots/vegie dip                           | 15 Breakfast: Pancake, Milk, and Fruit Cocktail Snack: Fig Newton and Milk          | 16 Breakfast: Cereal/ Milk Applesauce Snack: Vanilla Yogurt and Blueberries |
| 19 Breakfast: Cereal/Milk Oranges Snack: Pretzels/ Cheese                        | 20 Breakfast: Blueberries Muffins, Milk, and Peaches Snack: Saltine Cracker with American Cheese Slice | 21 Breakfast: Cheese Toast, Milk, Mandarin Oranges Snack: Vanilla Wafers and Cantaloupe             | 22<br>Happy Thanksgiving<br>Closed  | Breakfast: Cereal/ Milk<br>Pears<br>Snack: Mangos and Teddy<br>Graham       |
| 26 Breakfast: Cereal/Milk Mandarin Oranges Snack: Animal Crackers and Cantaloupe | 27 Breakfast: Cheese Omelet, Milk, and Oranges Snack: Blueberries Muffins and Apricots                 | 28 Breakfast: Biscuits, Milk, Fruit Cocktail Snack: Trail Mix and Blueberries                       | 29 Breakfast: French Toast Stick, Milk, Cantaloupe Snack: Graham Crackers and Pears | 30 <b>Breakfast:</b> Cereal /Milk Bananas <b>Snack:</b> Naan Dipper/Humus   |